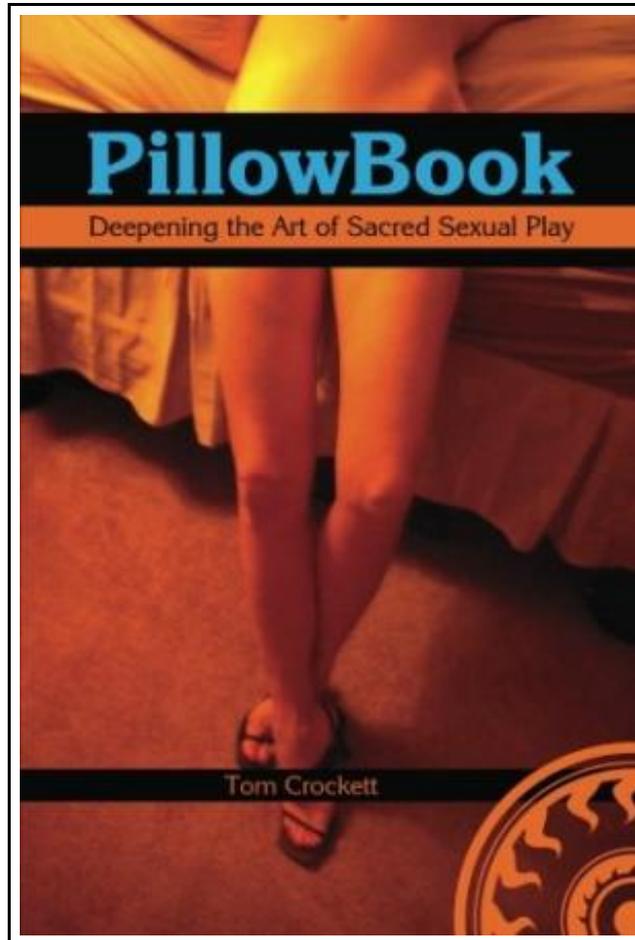


## Pillowbook: Deepening the Art of Sacred Sexual Play



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## PILLOWBOOK: DEEPENING THE ART OF SACRED SEXUAL PLAY



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Createspace, United States, 2011. Paperback. Book Condition: New. 226 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.The PillowBook is based on the fundamental assumption that there is a masculine and a feminine sexual essence. The masculine essence is the penetrative force, directedness, and conscious presence. The feminine force is the receptive radiant embodiment of love, light, surrender, and the flow of energy. The masculine in anyone is that which identifies with seeing (awareness). The feminine is that which identifies with being seen (light). While any man or woman can access masculine or feminine energy at any moment, we all tend to rest as love and consciousness at some point along a masculine/feminine spectrum of expression. It is the polarizing effect of masculine and feminine forces coming together that accounts for the spark of sexual attraction and by consciously cultivating these energies in loving relationship, we more deeply serve each other and the world. This is an invitation to explore your own sexual essence and deepen your awareness of how your body expresses that essence as energy. The PillowBook is a guide to exploring masculine and feminine sexual essence through a series of 28 evocative erotic encounters and practices designed to help couples open their hearts, deepen their capacity for intimacy, and expand their sense of the nature of sacred sexuality. Sacred sexual play is the open-hearted exchange of intimate physical, emotional, and spiritual energy between two people committed to serving each other's spiritual growth and capacity to love. Sacred sexual play is also what it sounds like: two people playing deliciously with their bodies in intimate embrace and loving abandon.



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