



Guidelines on Food Fortification with Micronutrients

By Lindsay Allen, L Allen, O Dary

World Health Organization, United States, 2007. Paperback. Book Condition: New. 236 x 160 mm. Language: English . Brand New Book ***** Print on Demand *****.Drawing on several recent high quality publications and program experience on the subject, information on food fortification has been crucially analyzed and then translated into scientifically sound guidelines for application in the field. The main purpose of these guidelines is to assist countries in the design and implementation of appropriate food fortification programs. They are intended to be a resource for governments and agencies that are currently implementing or considering food fortification, and a source of information for scientists, technologists and the food industry. The guidelines are written from a nutrition and public health perspective, to provide practical guidelines on how food fortification should be implemented, monitored and evaluated. They are primarily intended for nutrition-related public health program managers, but should also be useful to all those working to control micronutrient malnutrition, including the food industry. This book is organized into four complementary sections. Part I introduces the concept of food fortification as a potential strategy for the control of micronutrient malnutrition. Part II summarizes the prevalence, causes and consequences of micronutrient deficiencies, and the public...



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